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Don't
just ride,
Bike MS



Don't just ride, Bike MS

BIKE MS: TRAIL OF THE COEUR D'ALENES »
SEPTEMBER 14-15, 2013 » TWO RIDE OPTIONS
ONE DAY: 84 MILES » TWO DAYS: 150 MILES



Kathy & Richard, Bike MS 2012



Trail of the
Coeur d'Alenes

presented by



Register
Today!

BIKEMS.ORG
800.344.4867

Don't just *ride*, Bike MS

BIKE MS: TRAIL OF THE COEUR D'ALENES »
SEPTEMBER 14-15, 2013 » 2 RIDE OPTIONS

Bike MS will take you farther than you've ever gone before. It's not just the miles that matter — it's the unforgettable journey. Join us for an event that's more than a ride — it's anticipation, camaraderie, personal accomplishment, and the knowledge that you're changing lives... making every mile that much sweeter. Don't just ride, Bike MS.



It's *more* than a *ride*

Come be a part of Bike MS — and get ready for the ride of your life. Whether it's your first year or your 21st, together we will raise money, have fun, and make a difference in the lives of people living with MS.

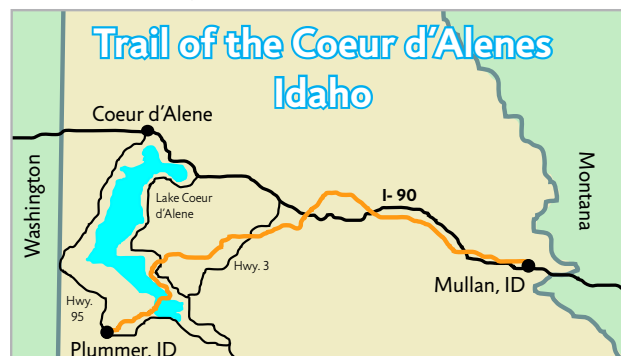
AN UNFORGETTABLE RIDE » 84 & 150 MILE RIDE OPTIONS »

Ride on the historic rail bed along the Trail of the Coeur d'Alenes and enjoy spectacular views of the Silver Valley and Lake Coeur d'Alene. This ride is a closed course - no need to worry about traffic!

Ride Options: 1 day, 84 miles - Start/Finish in Plummer, ID

***The 1-day ride option is available on Saturday only.

2 days, 150 miles - Start/Finish in Mullan, ID



Register Today!

SAVE TIME » REGISTER ONLINE » BIKEMS.ORG

A registration fee of \$50 is required at time of registration (registration fee is non-refundable). A minimum of \$200 in fundraising is required by the day of the ride. You can earn great prizes by raising more than the minimum! The collectible Bike MS Jersey is awarded at the \$500 level. Raise more than \$1500 and you will enjoy VIP status for next year's ride, giving you special recognition and exclusive perks! Our online tools make fundraising easy with personal and team web pages and convenient e-tools to contact team members, friends and colleagues.

AN UNBEATABLE DESTINATION »

- » Well stocked rest stops every 12-18 miles
- » Mechanics, Medical Support, and Communication Support
- » Support vehicles along the route if you need a lift
- » Catered meals throughout the weekend

JOIN US » SHARE THE CHALLENGE

The Coeur D'Alene Casino Resort Hotel is offering a special discounted room rate with limited rooms available. We suggest making reservations immediately. Please call the Coeur D'Alene Casino Resort Hotel at 800-523-2464.

Bring your friends or coworkers along for the ride. Join or form a team to conquer the Bike MS challenge together!

A WORLD FREE OF MULTIPLE SCLEROSIS »

Early and ongoing treatment with FDA-approved therapy can make a difference for people with multiple sclerosis. Learn about your options by talking to your healthcare professional and contacting the National MS Society at nationalMSSociety.org or 800.344.4867.

